

Volleyball net installation guide

The net heights differ between genders and age groups. There are only two heights recognised by FIVB. There are multiple heights recognised by state volleyball organisations.

		Women	Men
FIBV		2.24m	2.43m
State organisation	Adult	2.24m	2.43m
	U17	2.15m	2.35m
	U15	2.1m	2.24m
	U14	2.1m	2.15m

Volleyball posts with a winch

Post and net installation instructions

1. Insert the winch post and end post into the sleeves
2. Lay out the net between the two posts.
3. Rotate the winch to fully extend the winch belt.
4. Attach the headline rope to the winch belt fastener.
5. Attach the other end of the headline rope to the top hook on the end post
6. Turn the winch handle clockwise to tighten the headline rope. Ensure that you centre the net so that there is equal space between the ends of the net and the posts.
7. Wrap the net support straps through the loops provided, pull the straps tight and lock it into place with the buckle.

Note - these net support straps are responsible for maintaining the net tension and may need to be re-tightened periodically.

Note - if using volleyball antennas attach the Velcro pockets so they are mounted on the ends of the net, above the sidelines and not in play. Connect the antenna to a single piece and slide into the pocket.

Adjusting the height of the net

The net height is set by adjusting the height of the slide rail on both the winch post and the end post.

1. Loosen the headline rope by unwinding the winch to take the tension off the slide rails.
2. Release the star wheel or slider lock on the posts and set the headline rope attachment points at the desired playing height. Then re-tighten the star wheel or slider lock to lock it into position.
3. Re-tension the net with the winch.

Volleyball posts without a winch

Post and net installation instructions

1. Insert the posts into the sleeves.
2. Lay out the net between the two posts.
3. Fasten the headliner rope to the hooks in such a way that when the net is tensioned, it is centered. The knots tied are what tensions the net.
4. Fasten the bottom rope, and support straps if included, to the lower hooks.